Kitchener Public School

KITCHENER OTE COR

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Calendar of Events Term 1

Friday 1st February Small Schools Swimming Carnival

<u>Friday 8th February</u> Year 1/2 Hunter Valley Zoo Exc

Wednesday 13th February

Parent/Teacher Info sessions 3:30

Wed 13th/Thurs 14th February

Kindergarten Best Start Assessments

Friday 1st March

Clean Up Australia Day

Friday 8th March

School Photo Day

Thursday 21st March

Harmony Day



Welcome to our new Kindergarten students

Events coming up over the next few weeks include: - Speech assessments - Eye vision testing - Best Start assessments Look for the notes in your child's bag today!

New School Year!! T

of Year!! Thursday 31st January, 2019

Dear Parents and Caregivers,

Welcome back to another exciting year of learning and adventure at our school. We are excited for what the year holds for us all, with many great things planned for the classroom, as well as social events like excursions, sports and performances.

A warm welcome to our new families starting this year—thank you for joining our school, I am sure you will be made to feel welcome and become a valuable part of our school community.

This year we have 4 classes: Kindergarten—Mrs Power 1/2—Miss Brunton (Mon/Tues) and Mrs Firth (Wed/Thurs/Fri) 3/4—Mr Kelly 5/6—Miss Hutt We are awaiting information from staffing regarding a permanent appointment for the 3/4 class. Mr Kelly will be taking the class until this is determined. As well we have other members of staff that will be involved with your children through the year: RFF/Library—Miss Brunton LAST support—Mrs Couper (Friday) Instructional Leader—Mrs Vogt (Mon/Wed/Thurs) SLSO's—Mrs Norris and Mrs Osland Office—Mrs Archbold

A parent afternoon session to meet with your child's teacher and find out relevant information for the year ahead is organised for Wednesday 13th February, starting at 3:30 to 4:30. We hope to see you all there.

Thanks to Erin and Rebecca who helped tend to our school chickens and vegie patch through the hot summer holidays. We hope to see this thriving through the year.

Tomorrow we have our Small Schools swimming carnival at Cessnock Pool. This is for all students turning 8 and up this year. This is always a great day with the emphasis on participation and fun for all. Please see Mr Kelly to sign students in and out at the pool tomorrow.

Thank you to Mrs Vogt for stepping into the role of Principal in my absence last year. I'm excited to return to Kitchener and see the wonderful developments and progress across the school that has been made.

Luke Somerville , Principal

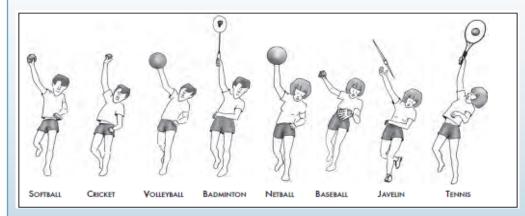
iPLAY ~ Importance of Fundamental Movement Skills

Why are fundamental movement skills important?

Fundamental movement skills are the 'building blocks' for movement. They are needed to participate successfully in all types of games, physical activities and sports.

As we can see in the picture below, the development of one movement skill pattern - the overarm throw - can be transferred into a number of physical activities. This provides children with numerous

opportunities to participate in a variety of different sports and physical activities.



Children who are competent in fundamental movement skills are more likely to:

- Enjoy sports and activities
- Have a positive attitude towards physical activity
- Develop a lifelong commitment to physical activity
- Be fitter
- Be in the healthy weight range
- Have better socialisation skills

Have better self-esteem and confidence - these improvements have a flow-on effect to other areas of a child's life.

Children who do not master fundamental movement skills are more likely to drop out of sport and physical activities.

LUNCH ORDERS



We are changing our lunch run day to be Fridays starting <u>Friday 15th February</u>—there will be no further lunch run on a Wednesday. We are still using Pig Out Takeway for our lunch orders.

A Volunteer Lunch Helper Sheet is included in this newsletter—please return to the office if you are able to help out with driving the orders to Pig Out or picking them up or even generously offering your time to do both.

If you find you are unable to do the Lunch Run on your day, please let the office know.

Thanking you, in advance. The Students and Staff Kitchener Public School

PLEASE NOTE ~ IF YOU ARE DROPPING OFF YOUR CHILD'S LUNCH ORDER DIRECTLY TO **PIG OUT CAFÉ ON FRIDAYS,** THEY NEED TO BE THERE BY **10AM** TO ENABLE THE STAFF TO COMPLETE THE ORDER IN TIME FOR OUR LUNCH RUN PICKUP