Wednesday 26th November 2014

KITCHENER KITE

"Aiming High"

KITCHENER ONE FOR

Mr Osland's Oracle

Welcome everyone to the second last edition of OUR Kitchener Kite for 2014. I continue to be amazed by the wonderful community we have at our school.

It is important to remember that we ALL want our students/children to achieve their potential, keep safe and build on their strengths.

SCHOOL FETE

A special **THANK YOU to** EVERYONE who was involved in OUR FIRST school fete. It was so pleasing to see our community come together at an event that supported our school whilst generating fun and enjoyment for all. Despite the hot summer sun, there was extremely positive feedback about the fete.

I would personally like to acknowledge the fete organising team who worked non-stop behind the scenes, and, on the day. Their tireless efforts created this wonderful opportunity for our school. Many thanks!

To our students who sold raffle tickets, assisted with set up, music and pack up– you again proved to everyone what great students we have here at our school. Well done!

YEAR 6 STARTING HIGH SCHOOL

Wow !!! Were has this year gone! Our Year 6 students, most of whom will be attending Cessnock High School from Monday (1st December) will complete their primary school journey this Friday (28th November).

Our Year 6 students started their educational journey in Kinder in 2008. It has been a honour and privilege to get to know our Year 6 students who each have had a leadership role at our school this year.

The strengths and capabilities of our students will put them in a great position for the future. May you all continue to work hard, set goals and always strive to reach your potential. Good luck and best wishes as you move into the next phase of your educational journey. Good Luck : Anthony, Natalya, Dakota, Adam, Jai, Ruby, Jesse, Ethan, Evan, Paige, Zachary, Willis and Jacob E.

2015 SCHOOL LEADERS SPEECHES

Wow! What more can I say. I was so impressed by all 20 candidates' speeches. They spoke with pride, passion and conviction for the opportunity to represent the school as a leader in 2015. They displayed quality attributes (Aiming High) and persistence in a challenging situation.

Voting will be conducted during this week, with all students and staff given the privilege of voting. The result will **remain confidential until our Presentation Awards Night** (Wednesday 10th December) where our leaders for 2015 will be announced to the school community.

Many thanks to parents of the Year 5 students for their encouragement, time and effort to support students with their speeches. It was very pleasing and inspiring as a school Principal to see what our students are capable off. Well done to all.

SCHOOL DISCO

Tonight (Wednesday) is our Annual School Community Disco. The event is open to all parents and students of Kitchener PS. It will start at 6.30pm and finish at 8.00pm.

Entry is \$5 per student/child and includes 2 glow sticks and a show-bag of their choice.

Water and mix-up cordial will be provided, free of charge, for the students. There will be **no food or drinks sold on the night**.

Pre-school students are more than welcome to come along on the night if their parents stay and supervise them.

COMMUNICATION—CONNECTIONS

Our school App has been updated for those who have Apple mobiles (please update).

We have our community notice board behind our Map near the office gate, please come and check it out. A special thank you for the mums that keep it updated.

NSW Department of Education and Communities

Kitchener Public School 38 Richmond Street KITCHENER NSW 2325 Ph: 4990 2974 Fax: 4991 1875 Email: Kitchenerp.school@det.nsw.edu.au Web: www.kitchenerp.schools.nsw.edu.au (Newsletters on Website) School App- Skoolbag Kitchener

Fortnight The only impossible journey is the one you never begin.

Quote of the

Anthony Robbins

You cannot change your journey if you're unwilling to move at all.

UPCOMING DATES TONIGHT Wed 26th Nov KPS Year 6 Farewell Dinner 5.00pm-6.30pm Kitchener Public School End of Year Disco ~ \$5 6.30pm-8.00pm

Wednesday 10th December END of YEAR AWARDS Presentation 5.00pm— 6.30pm (approx.)

Monday 15th December SCHOOL POOL FUN DAY

@ Branxton Pool—everyone is welcome to come along

Welcome to the Kitchener P&C NEWS

Thank you to all the hard work and effort that was dedicated to the School Fete held on Saturday (22nd November). Special big thanks goes especially to Dannielle & Tamara who were the main organisers of this event. The P & C ladies would like to send out a **huge thank you** to all of the parents & teachers who took part in coming in to the school prior to Saturday, helping with organising and sorting for the elephant stall, wrapping, cooking, making craft and generally preparing for the fete. All those who turned up at 6.30am to get organized; it was a successful event and shows the commitment and effort we have tried to demonstrate all year to help our school.

We received plenty of positive feedback from the stall holders at how well organised it was and what a great bunch of people we have in our school community. All the kids that came seemed to thoroughly enjoy themselves, thanks to the entertainment, which was fantastic. We tried extremely hard to advertise and promote the Fete, via radio, FaceBook, newspaper and signage; it would have been even better if more people came and supported this event but it's the first time a Fete has been held at the School so, great effort !

Many discussions took place at our last P & C meeting (minutes enclosed). The main one being 'Communication'. We agreed our map at the front of the school should be used more for our community members to advertise events and ask for help with different fundraisers, so please see the back of this sign & check for information.

The School Uniform Shop will be open Wednesday Mornings in the Community Hall from 9am – 10am.

The Uniform Shop will be open next year on Tuesday 20th & 27th January 2015, 10am – 12noon for uniform purchases for the start of the school year.

Our last meeting for the year will be held **Thursday 11th December at 5pm** in the Community Hall. Please come along as this will be an important meeting to discuss the future of the P & C for next year.

Cheers, P & C Committee.

KITCHENER PUBLIC SCHOOL UNIFORM PRICE LIST

GIRLS SUMMER DRESS \$65 (SIZE 4, 6, 8, 10, 12, 14)

BOYS GREY ELASTIC WAIST SHORTS \$20 (SIZE 4, 6, 8, 10, 12, 14)

BOYS SHORT SLEEVE SKY BLUE BUTTON UP COTTON SHIRT WITH KPS LOGO ON COLLAR \$25 (SIZE 4, 6, 8, 10, 12, 14)

UNISEX NAVY MICROFIBRE JACKET WITH SCHOOL CREST EMBROIDED \$35 (SIZE 6, 8, 10, 12, 14)

UNISEX NAVY MICROFIBRE SHORTS (SPORTS DAY) \$25 UNISEX NAVY / SKY BLUE SPORTS SHIRTS \$30 (SIZE 6, 8, 10, 12, 14) (SIZE 6, 8, 10, 12, 14) SCHOOL HAT \$12

KITCHENER PUBLIC SCHOOL P&C INAUGURAL SCHOOL FETE

Saturday 22nd November, 2014



Kitchener Public School P&C Executive would like to thank the fire brigade units from Quorrobolong and Kearsley, and the Kitchener Local Unit; ABC Jumping Castles who provided fun and amusement (at no cost to the school); Jayde (Ellis), the Entertainment Co-ordinator; Shann Simpson Dance Co., Mackenzie Pringle, Tess Laing and Michaela Rollings for dance and entertainment; All Shook Up Car Club, Cathy and Brad (Trinity Yr 5/6), and other car owners for the car display; all those who arrived at 6.30am on the day and worked tirelessly for the whole day; the endless list of wonderful helpers for all the support and help in all different ways; the students who did an amazing job helping on the day; everyone who donated goods or services; and, to all those who came along, enjoyed themselves and, supported the school fete.

A very impressive \$1200.00 (approx.) was raised!! Great effort!!

Good for Kids good for life

Healthy Drinks

Did you know that a 250ml glass of apple juice or cola contains not one but 6 teaspoons of sugar?

Water has no added flavours, colours, sugar or energy so it's the best way for kids to quench their thirst.

Drinking water instead of sweetened drinks may also prevent dental problems, while the fluoride found in tap water can help strengthen teeth and bones.

Tips to help children drink more water:

- Offer water when children are thirsty
- Have a jug of water on the table at mealtimes
- Keep water in the fridge so it's cold
- Freeze half a water bottle the night before and fill the remainder with cold water before packing the lunchbox
- Send a water bottle to school

Milk is also a nutritious drink that children should consume, as it's important for strong bones and teeth.

Reference:

Adapted from Healthy Kids: "Choose water as a drink" fact sheet accessed from <u>www.healthykids.nsw.gov.au</u>













Managing Emotions and Self-Care

A seminar for anyone who is a carer

(for mums, dads, fulltime carers - all welcome!)

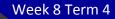
Facilitated by Cherie Gibson

Focus areas include:

- Managing Emotions as a carer
 - Understanding Stress
 - Managing Stress
 - The importance of Self-Care

Where: Samaritans Cessnock 198-202 Vincent Street Cessnock When: Friday 5th December 10am –12 noon Bookings essential To register please call **CALENDAR OF EVENTS**

Term 4 2014



Week 8	
Wednesday 26th November	Year 6 Farewell Dinner (5pm—6.30pm)
	Whole School Disco (6.30pm—8.30pm) \$5.00 (Entry & Glo-Stick)
Thursday 27th November	T20 Cricket, Baddeley Oval. Year 5 & 6

Week 9

Week 10

Wednesday 10th December	Annual Presentation Awards Night ~ 5pm—6.30pm (approx.) SPR

Week 11

Monday 15th December	Pool Fun Day/Class Party, Branxton Pool ~ Kinder to Y5 (and, remaining Yr 6 students)
Wednesday 17th December	Last day of School Year for Students
Thursday 18th December	Staff Development Day #1 ~ No Students
Friday 19th December	Staff Development Day #2 ~ No Students

Term 1 2015

All students, *including our new Kindergarten children*, start school on Wednesday 28th January, 2015.

Teachers and staff return the day before ~ Staff Development Day ~ Tuesday 27th January, 2015.

2015 ~ Term 1 Week 3 ~

Cessnock Small Schools' Swimming Carnival ~ Tuesday 10th February, 2015

Summer Reading Club Cessnock City Library 'Pirate Story Time'

Ahaar, me hearties, a special Evening Story time to launch t his year's Summer Reading Program!

When: Thursday 27th Nov 5.30pm-6.30pm Where: Kurri Kurri & Cessnock Libraries

Ages: 2-8, but younger & older siblings also welcome! Cost: Free! Ph 4993 4399





Come and join us every Tuesday during school terms at 9:45am - 11:45 \$3.00 per family (excl. membership*) Please supply your children's own morning tea. Tea and coffee and biscuits supplied for parents. Check out Kitchener Playgroup Contact Heather on 0400425739 *http://www.playgroupaustralia.com.au/nsw/

SCHOOL CHOOKS ~ Thursday 18th December to Tuesday 27th January

Yes, it's that time of the year again, with the school holidays not far away! Our chooks need some families to care for them over that time. If your family is available to care for the chooks (feed, water, collect *and keep* the eggs), please contact Ms Brunton, Year 4/5 so that you can be added to the roster. A roster (to cover each day from Thursday 18th

December to Tuesday 27th January), complete with mobile contact numbers of other families and a key will be given to each family able to assist.

The Miss Cessnock Trivia Night Fundraiser "Battle of the Brains" in aid of the Epilepsy Unit,



Westmead Hospital held on Saturday 15th November at Cessnock Ex Services was a great success. A number of our students entered a colouring in competition; congratulations to ~ Breanna (K/1), Grace (Year 1/2/3), Sarah (Year 4/5) & Jacob E (Year 5/6) who were judged as winners by Allyra last week. (Allyra is the current 'Miss Cessnock' and, is raising funds for the Epilepsy Unit, a very worthwhile cause)

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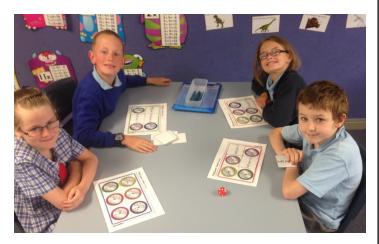




PHOTO BOMBED!!

Can you spot the kangaroos in the background, near the bush?