

Thursday 12th December, 2013



# KITCHENER KITE

*"Aiming High"*

## Mr Osland's Oracle

This fortnight's Kitchener Kite newsletter is the last for the year. I do pinch myself that I am here at Kitchener Public School working with the amazing community we have. We look forward to 2014 and all that we can build upon from this year. Thanks again for all your support throughout the year.

### Awards Evening

Congratulations to all our awards winners for 2013. It was wonderful to see the students supported by their parents, grandparents and friends. Special thank you to those who helped behind the scenes to make it all possible and run so smoothly. Thank you to our school leaders Chloe, Mathew, Jasmine and Paige H who lead the assembly and represented the school with pride. To all our sponsors and presenters, it would not be possible without your support; thank you.

### School Bike Day

We are looking forward to our Bike Day tomorrow (Friday 13th December). Students will be involved all day in a variety of activities linked to bike safety.

Bikes and scooters are to be placed in the SPR on Friday morning so that bike checks can be performed. Helmets are to have the student's name on the inside and are to be left of the bike/scooter handle bars.

Parents are more than welcome to join us from 11.15am and may bring along a picnic lunch. Students are to bring along their OWN FOOD on the day.

ALL students are to wear sports uniform; enclosed shoes **must** be worn. Students are to bring a drink bottle to take on the ride.

ALL students will be catered for on the day with an in-school scooter & bike course set up as well as the outside course for those students and parents going off site.

I hope to see everyone here on the day.

## 2014 School Leaders

Our 2014 school leaders (Captains and Vice Captains) were announced at our Presentation Awards Ceremony last night.

We proudly announce our Captains as

*Paige & Jai*

and our Vice Captains as

*Ruby & Jesse*

We congratulate each of our 2014 school leaders and know that they will represent our school to the highest level, using our universals, Respect, Safety and, Responsibility to guide them in their roles.

The standards set by ALL students who nominated for leadership positions this year was of the highest standard. The school leaders will also be supported by ministers from Year 6 in areas Environment, Sport, Education, Welfare and Promotions. The school will also vote on sports captains in the coming year. Special thank-you to ALL students involved.

### Carols and Pizza

Our Carols & Pizza Night starts at 5.30pm tomorrow night (Friday 13th December). We will gather on our school top flat. Please bring a rug, a chair and join us in celebrating and spreading some Christmas cheer.

All pizza orders have been sent in and will arrive at around 6.30pm.

### Pool Picnic & Fun Day

#### Monday 16th December ~ Braxton Pool

All Parents are invited on the day

*For full details, please see page 4.*

***We wish everyone a Merry Christmas and a happy, safe holiday break; we look forward to seeing you all in 2014.***

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School App- Skoolbag Kitchener

***Quote of the  
Fortnight***  
***Success seems  
to be  
connected  
with action.  
Successful  
people keep  
moving in a  
positive  
direction. They  
make  
mistakes, but  
they don't quit.***



## **Kitchener Public School**

### **5.30pm Friday 13th December**

### **Carols and Pizza Night**

Come along and join us tomorrow afternoon (Friday 13th December) from 5.30pm until approx. 7pm for our Christmas Carols and Pizza night on the top flat of the school grounds.

Bring a rug, a chair and join us in celebrating and spreading some Christmas cheer.

Pizzas have been ordered with Pizza Hut and will arrive at around 6.30pm.

There will be carols, singing, a great social event and, a festive atmosphere.

### **SCHOOL HOLIDAY CHOOK CARE & SCHOOL GUARDIANS**

Once again, with the school holidays fast approaching, we look to our local school community families to assist with the care of our **school chooks**. If you are able to help water, feed and collect the eggs (which you can keep!) even for 1 week of the holidays, please see Mrs Firth (K/1).

Also, we appreciate families watching our school buildings and grounds; there will be **2 teams of painters** at the school just before Christmas and, after New Year, painting our (older) main school building.

We ask that students **do not enter the school grounds** without a parent or guardian present; this is for the students' safety and, for the protection of our school assets.

### **SANTA RUN**

☺ On **Friday 20th December**, the Kearsley Fire Station Truck with Santa onboard will do a Lolly Run around the streets of Kearsley and Kitchener from approx. 5.30pm. Keep a look out for the big jolly fellow!!

☺ From **6pm Christmas Eve** (Tuesday 24th December), Santa will be at the Khartoum Hotel in Kitchener to say hello to all the kids and make sure that they all know that *he loves Christmas Cake with Lemonade!!* Be there with your kids (and your camera!!).

**These community events will be a great way to start the festive season.**

## CALENDAR OF EVENTS

### Week 10

**Friday 13th December**      Bike Day ~ 12n to 1.30pm ~ All students Kinder to Year 6  
 School Carols Night ~ Kitchener Public School

### Week 11

**Monday 16th December**      Pool Fun Day Braxton Pool ~ all parents and children are invited to attend as an infants pool is available.

**Tuesday 17th December**      Rugby Day

**Wednesday 18th December**      Last Day Students

**Thurs 19th & Fri 20th Dec**      Staff Development Days ~ Teachers

**ALL students (new Kindies to Year 6) return on  
 Wednesday 29th January, 2014.**

### Term 4 Week 10 2013 Silver Award Recipients



Jyordi, Jesse, Joseph, Rory, Callan, Kaiden, Mitchell, Jace, Lucas, Breanna  
 (absent ~ Jasmine, Jayden T)

**Birthday Awards ~** Kaiden, Willis, Sam I, Rory, Joseph, Jai, Tyler, Laura, Breanna,  
 Will, Anthony, Mat S, Paige H, Kilarney, Jake



## SCHOOL NEWS

### POOL FUN DAY BRANXTON POOL:

**MONDAY 16th DECEMBER, 2013**



Our school Pool Fun Day will be held at Branxton Pool on **Monday 16<sup>th</sup> December, 2013** for all students in Kinder to Year 5, plus any Year 6 students not attending Cessnock HSI next year.

The Fun Day will run from 10am – 2pm. We will be departing school at 9.30am and arriving back at school by 2.30pm.

- Travel will be by Rover Coaches, which will be paid for by the school.
- Cost will be \$2.50 (pool entry). ***This is to paid at the school office by Friday (13th Dec)***

Students are to wear casual clothes (out of uniform), bring swimmers, towel, sunscreen, plastic bag (for wet things), track suit, recess, lunch and extra drink and most definitely, their school hat. Students can bring party food and may go to the canteen at recess and lunch.

Parents can attend the pool fun day and enjoy the day with their child and the rest of the school community.

Reminder permission notes were sent home with students on Tuesday (10th December)

Please complete and return the permission note **by tomorrow (Friday 13th December)**

This activity has been approved by the Principal.

### Horse Sports 2013 Roundup

Taylor (Kinder) attended Moonbi, Merriwa and Belltrees Interschool Horse Sports Days this year, representing Kitchener Public School. Horse Sports include various events, competed in age groups. The first of the day's events include a march past ~ all participating schools ride a lap around the showground in their school teams. A 'Best Presented Award' is given to the best presented school. Hack events start the morning competitions which are judged on presentation and riding skills. Sporting events are a timed event including barrel racing, bending, egg & spoon race, to name a few. Some Interschool Horse Sports Days vary in events offered but this is the general program.

Taylor, being one of the youngest to compete, was successful to place in events at all three competitions whilst representing Kitchener Public School.

Musitopia Fundraiser Bash ~ Saturday 14th December. School of Arts Building, 10 Vincent Street, Cessnock. Doors open from 12noon. \$10 entry. Bands, prizes, raffle competition, lucky door prize. Proceeds to to Headspace Musitopia Program for Less Fortunate Kids.

# Actively Listening Without Comment



**PART 2**

Christmas can bring mixed feelings for children and adults alike. This week's article will focus on letting others (adults and children) feel heard and understood whilst concentrating on their feelings.



## Let others feel understood

When listening to your child talk to you, rather than asking them a string of questions, paraphrase what they've said to you using your own words without adding your own comments. For example :

**Child:** It was my ball, they wouldn't let me use it. I didn't get a turn at all.

**Parent:** So you didn't get to use your ball

Paraphrasing allows others to feel understood and free to continue with what they want to say rather than having to answer a question.

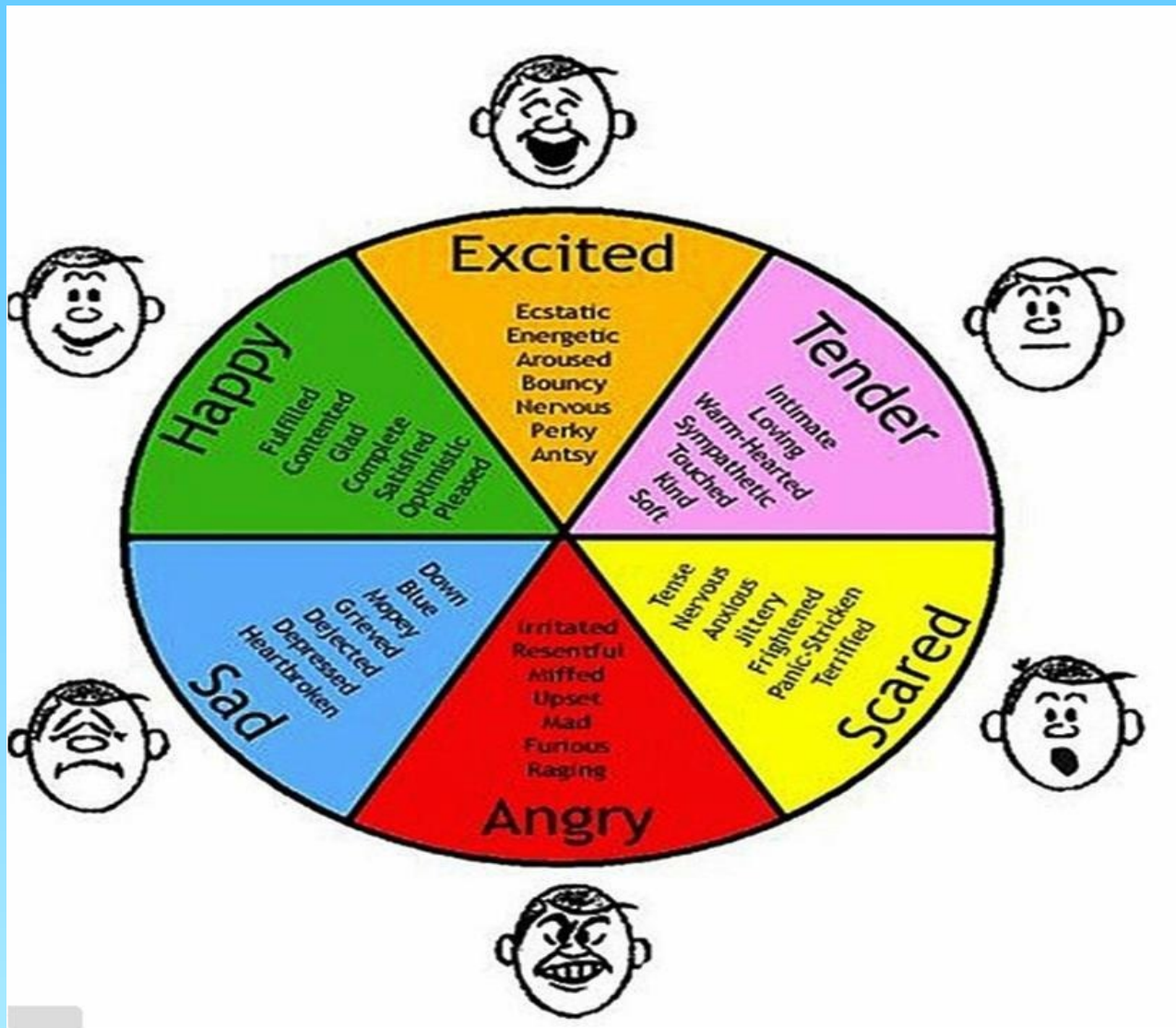


## Concentrating on Feelings

Everyone has a right to their feelings no matter how intense however the focus is identifying the "feeling" and then managing it appropriately. The greater their vocabulary for feelings, the more they become capable of communicating negative emotions and diagnosing their own problems. To help children feel understood we can reflect their feelings back to them.

*"It sounds like you are feeling....."*





## Identifying Feelings

We can use the following list of emotions to help our children find the right word to express how they're feeling.

At one time or another everyone needs to be “*really*” listened to and “*heard*”. When we let another talk, when we *reflect upon what they have said* and focus on *their feelings* it leaves that person feeling ***understood*** and may just be what they need at that point in time.

I would like to wish everyone a safe and fulfilling Christmas holiday break and I look forward to seeing you all in 2014.

Cherie Gibson

School Welfare Worker



## Presentation Awards Ceremony ~ Wednesday 11th December, 2013





# P&C NEWS...

Welcome to the Kitchener P&C news. This is to inform parents, carers and friends of our school community of the P&C tasks and initiatives for the year, where and when our meetings are held and above all, to invite new members at any time to support us and join in the activities.

## Monster Raffle

Our Monster Raffle Draw was held at last night's Presentation Awards Ceremony. This year's monster raffle was a huge success, with the wonderful prizes from a variety of businesses and school supporters. This is an amazing effort with funds raised (\$776.00) to go towards school development initiatives that will support both community, and learning opportunities.

There was a *massive* 23 prizes with our winners each happy and excited to be drawn from the 'barrel'.

## Our prize winners are ~

1st Prize ~ Yvette Turner	13th Prize ~ Theresa King (Bailey Year 1/2)
2nd Prize ~ Orlando (Year 3/4)	14th Prize ~ Taylor (K/1)
3rd Prize ~ Karah (Year 3/4)	15th Prize ~ Bella (Year 1/2)
4th Prize ~ Mathew S (Year 5/6)	16th Prize ~ Margot
5th Prize ~ Davo (C/- Khartoum Hotel)	17th Prize ~ Cass Smith (C/- Khartoum Hotel)
6th Prize ~ Susan Parry (Brynn Year 5/6)	18th Prize ~ Mr Freeman
7th Prize ~ Scott Cameron	19th Prize ~ Sonya O'Neil (Liam Year 3/4)
8th Prize ~ Mathew S (Year 5/6)	20th Prize ~ Grace (Year 1/2)
9th Prize ~ Sharon Troy (Office)	21st Prize ~ Anthony (Year 5/6)
10th Prize ~ Jai (Year 5/6)	22nd Prize ~ Ellis Krisher
11th Prize ~ Max (Year 1/2)	23rd Prize ~ Chrissy Grainger (Jace K/1)
12th Prize ~ Beryle Hicks	

*We congratulate each of our winners and trust that you will enjoy your prizes and that they will make the year, and Christmas even more special.*

Thank you to all the families who bought and sold tickets, helping to make this such a *huge* success.

**Ideas or Suggestions?** Do you have a fundraising idea or just a general suggestion but don't have the time to attend P&C meetings? You can send an email [kitchener-p.school@det.nsw.edu.au](mailto:kitchener-p.school@det.nsw.edu.au) via the school.