

Wednesday 30th October, 2013



KITCHENER KITE

"Aiming High"

Mr Osland's Oracle

Wow, what a busy fortnight we have had! It is always pleasing to see the confidence and positive attitudes on display by our students in a variety of different situations. We will continue to develop, foster and embed quality learning across all that we do.

Grandparents Day

A special **THANK YOU** to our grandparents and accompanying parents who attended our **Grandparents' Day** last **Wednesday**. The positive attendance (around 60 people) and feedback shows the strong connections that are part of our community.

Special thank you to all the staff, students and parents who supported, cooked, served, set-up, cleaned-up and helped on the day. It was very pleasing and encouraging for our school. Many thanks.

Kitchener's Got Talent

What more can I say then **KITCHENER HAS GOT TALENT**. It was a joy to see all the acts that were on display last Wednesday night (19 in total). Students displayed confidence, responsibility, respect and an overall joy to be apart of what we have to offer here at Kitchener PS. Great work students.

Many thanks to the large crowd that attended on the night; it was very pleasing to see so many supportive faces. Thank you for your kind entry donations; the money raised will go towards our sound system upgrade, ready for Presentation Awards Night.

To my staff, well done for all that you put into the night, it was clearly on display.

Kindergarten Enrolments 2014.

Our Kinder transition program is progressing well, with 2 visits already. All 2014 Kindergarten students can participate. Our next visit will occur on **Tuesday 5th November**, starting at 10am. **Special thanks** to our **2014 Kinder Buddies**; great work.

School App for Phones

Our **SCHOOL APP** is live and can be downloaded for **FREE ~ Kitchener PS App** for mobile devices from either App store (*Google play or iTunes –apps*). This App is available for both Apple and Android devices, including phones, tablets and iPads.

To download our App, type **Kitchener School** into your app search and it will appear.

The school has had over 55 downloads of its APP to date and has received some positive feedback. We are working through the processes that go with this new form of communication and would always appreciate additional feedback. It is a great way for the school to send out alerts and communicate with our community.

Swimming Scheme

In 2013 we have over 60 students attending the swimming scheme. This is an outstanding response to a valuable program. The school has 5 groups in action at the pool, across a variety of skill levels. It will be great to see the progress by the end of the 10 day program.

Many, many thanks to both Cessnock High School and Erin Jackson who both have greatly assisted the school with our transport to and from the pool (*at a considerable saving to our small school*). It is a large challenge to transport that number of students and I apologise if there has been any inconvenience in late arrivals back to school.

There will be **no intensive swimming lesson this Friday (1st November)** as the pool is closed for council picnic day. **For those who have paid in full, a refund will be arranged once the swimming scheme is finished.**

We are endeavouring to minimise disruptions. Thank you again for your support in this matter.

NSW Department of
Education and
Communities

Kitchener Public School

38 Richmond Street

KITCHENER NSW 2325

Ph: 4990 2974

Fax: 4991 1875

Email: Kitchener-
p.school@det.nsw.edu.au

Web: www.kitchener-
p.schools.nsw.edu.au

(Newsletters on Website)

School App- Skoolbag Kitchener

Quote of the Fortnight

**Many positives
can come from
challenging
and
confronting
situations,
these can
strengthen and
empower us in
the future**

CALENDAR OF EVENTS

Week 4

Mon 28th—Thurs 31st October	Swimming Scheme ~ Years 2—Years 6 ~ Cessnock Pool ~ 2pm—2.45pm
Friday 1st November	NO SWIMMING SCHEME DUE TO COUNCIL PICNIC DAY
Thursday 31st October	Music Session ~ Count Us In
	Year 6 Visit ~ Cessnock High School ~ 10.30am—2.30pm
	Cessnock High School Information Session ~ 6pm ~ Year 6 Students and Parents
Friday 1st November	NO SWIMMING SCHEME DUE TO COUNCIL PICNIC DAY

Week 5

Monday 4th—Friday 8th Nov	Swimming Scheme ~ Years 2—Years 6 ~ Cessnock Pool ~ 2pm—2.45pm
Tuesday 5th November	Kindy Visit #3

Week 6

Tuesday 12th November	Kindy Visit #4
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Week 7

Tuesday 19th November	Kindy Visit #5
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Week 8

Thursday 28th November	Year 6 Farewell Dinner ~ Year 6 Students, their Parents and, Year 5 Students
	Whole School Disco ~ SPR ~ Kinder to Year 6 Students

Week 9

Monday 2nd December	Year 6 Students commence Year 7 @ Cessnock High School
Thursday 5th December	Cessnock Council Christmas Carols 7.30p—9.30p TAFE Grounds

Week 10

Wednesday 11th December	Presentation Awards Night ~ 5.30pm SPR. All students (including our Year 6), their parents, family, Grandparents and friends are invited to attend.
Friday 13th December	School Carols Night ~ Kitchener Public School

Week 11

Monday 16th December	Pool Fun Day Branxton Pool ~ all parents and children are invited to attend as an infants pool is available.
Wednesday 18th December	Last Day Students
Thurs 19th & Fri 20th Dec	Staff Development Days ~ Teachers

SCHOOL NEWS

ACTIVE AFTER SCHOOLS ~ TERM 4 (Week 3—9)

Active After Schools commenced on **Tuesday 22nd October** and will run for 7 weeks. We will **only** be having AASC on **Tuesday afternoons** (3.15pm—4.15pm).

LEARNING CENTRE ~ TERM 4 (Week 2—8)

Our school **Learning Centre** recommenced on Wednesday 16th October and will run for 7 weeks.

Rock and Water FREE Information Presentation for Parents

The Family Action Centre, University of Newcastle are hosting a FREE Rock and Water Information Session presented by the program founder FREERK YKEMA, Gadaku Institute during his visit to Australia in November.

Parents play an integral role in achieving a whole school and/or community approach to the Rock and Water Program. If parents understand the benefits and learn the basic skills of Rock and Water, they can support their child, school and wider community by incorporating the same philosophy, skills and language in their home.

DATE: Saturday, 16th November **TIME:** 11.30 am - 12.30 pm **COST:** FREE
VENUE: The Forum, University of Newcastle, Callaghan Campus

WHAT IS ROCK AND WATER? Rock and Water is an early intervention program that has been operating in Australia since 1999 with over 15,000 educators and support service professionals completing the 3 day training program. More than 2 million children worldwide have been taught the Rock and Water Approach.

The program offers a unique way to interact with boys and girls in relation to their physical and social development which leads from simple, harmless self-defence, boundary and communication exercises to a strong notion of self-confidence.

ROCK AND WATER IS ABOUT EMPOWERMENT

- Developing positive communications skills
- Raising awareness of one's own feelings and emotions
- Developing a feeling of safety and identity
- Developing positive relationships

Anti-bullying program
Building resilience
Increasing self-confidence
Increasing respect

This is a once in a lifetime opportunity - hope to see you there!

RSVP YOUR ATTENDANCE: Events Team, Family Action Centre, p. 02 4921 6403
e. FAC-events@newcastle.edu.au w: <http://www.newcastle.edu.au/rw>



Year 6 Transition to High School ~ Thursday 31st October ~ 10.30am—2.30pm and,

Open Evening ~ Year 6 Students and their Parents ~ 6pm—7.30pm

Cessnock High School has arranged Year 6 demonstration lessons from 10.30am to 2.30pm **Thursday 31st October, 2013.**

A free sausage sizzle lunch will be provided for all students. Please advise (Kitchener) school of any dietary needs (allergies, vegetarian etc). Students are to take their morning tea and drinks (extra drinks or food if they desire).

A note pad and pen may be required for some of the dem lessons.

Students are to wear their full school uniform, including their school hat.

Students will need private transport to and from the high school to attend these lessons.



Open Evening: Year 6 students and their parents are invited to the Open Evening at Cessnock High School on that same day ~ Thursday 31st October from 6pm – 7.30pm. The program for transition from Year 6 to Year 7 will be outlined. Information on the Year 7 Camp and the collection of Year 7 book packs and uniforms can also be finalised.

All of our Year 6 students will be attending Cessnock High School on Thursday for an orientation day. The parents (and students) are then invited to attend the evening session commencing at 6pm to find out further information, collect uniforms, pay school fees and camp fees. We are most excited that for the first time in many years 100% of our students are graduating to Cessnock High School. The programs and opportunities available at Cessnock High School are innovative and certainly cater for our 21st Century learners. If you have any questions about transition or Cessnock High School you can always see Mrs Troy at Kitchener on a Wednesday or give her a call at the high school any other day.

School Funding

You may have read recently in the paper (Saturday's Newcastle Herald) an article regarding cuts to school funding. Despite this, Mr Osland (Principal) assures the Kitchener school community that there will be no change to programs or activities currently in place at Kitchener Public School.

YEAR 7 SELECTIVE HIGH SCHOOL PLACEMENTS FOR 2015

Applications for Year 7 Selective High School Placements for 2015 (Year 5 this year) are now open online for parents to make application. The online site will close on 18th November. For more information, please see Mr Osland, Principal who will be able to give you further information.



Grandparents' Day 2013



*Morning Tea for
60 Grandparents/
accompanying
parents.*



We'd like to thank all the Grandparents for attending our special celebration at our school last Wednesday (23rd October).

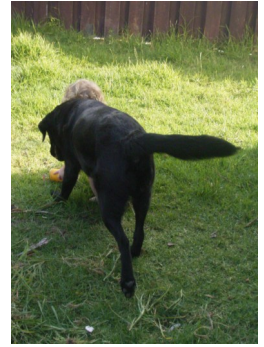
*Thank you student executive, staff and
parents for your wonderful help and
support with our morning tea; we couldn't
have done this without you!!*



DOGS!

Some Types!

*Labrador *Golden retriever *Dalmatian *Chihuahua
*Poodle *Sausage dog *Staffy *Bull terrier *Jack Russell



What to feed them!

Dry Dog food Wet dog food Meat Dog treats



How to look after them!

Don't be too negative

Always show affection

If they have done something good congratulate them and make them happy

Give them lots of pats and pay attention to them

Don't regret buying the dog because they will always be there for you

Training your dog!

To train your dog get a bag of treats but don't give it to the dog only give it a bit at a time

To make him sit you get a little bit of a treat and push it past his head and over his back and he will go for it and sit down

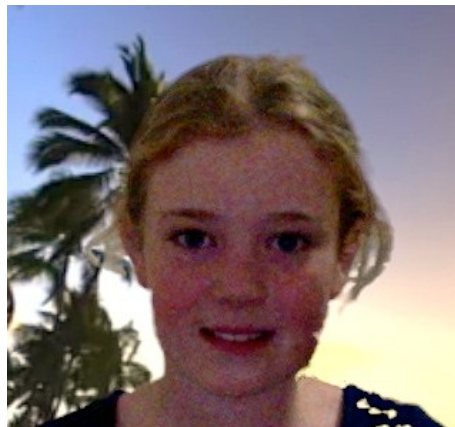
To make her lay down make her sit down and then push it down near her paws but don't let her eat it

To make him roll over make him lay down and then do a big circle around his head with the treat in your hand

To make her fetch a ball attach the treat to the ball and throw the ball and call your dog

Once it has mastered one thing give it the treat and pats and do it each time until they know how to do it

It is important to teach your dog its name



Written By Trinity

What is Specific Positive Praise and How Can it Benefit My child?

GENERAL PRAISE

General praise is when you acknowledge something your **child is doing well** in a general way

job well done...

SPECIFIC POSITIVE PRAISE

Specific Positive Praise is acknowledging something your child has done well by telling them **exactly what it is that you like about their performance, effort, behaviour**, etc.

E.g. "You've finished your homework"



WHAT ARE THE BENEFITS OF SPECIFIC PRAISE?

- It will begin to **increase** your child's **self-esteem**.
- It will begin to **increase** your child's **self-confidence**.
- Your child is **more likely to repeat the behaviour(s)** that are being positively praised.
- Your child will begin to **feel noticed, appreciated, wanted and important** to you.

TIPS FOR USING SPECIFIC POSITIVE PRAISE

- ⇒ When you notice your child doing something good, tell them.
- ⇒ Describe exactly what it is that you like .
- ⇒ Praise your child for their strengths.
- ⇒ Encourage good behaviour with praise rather than pointing out the bad.
- ⇒ Look for the slightest of positive changes and praise it!



Cherie Gibson

School Welfare Worker

Next Morning Tea is Monday 11th November in the Library from 9.15am onwards. If you've got time to spare I'd enjoy your company.



P&C NEWS...

Welcome to the Kitchener P&C news. This is to inform parents/carers and friends of our school community of the P&C tasks and initiatives for remainder of the year, where and when our meetings are held and above all, to invite new members at any time to support us and join in the activities.

Kitchener's Got Talent— The P&C would like to thank all those who helped, donated goodies or purchased items at the P&C food stall at the Kitchener's Got Talent performance on Wednesday 23rd October.

Our Fundraising Goal – We are currently fundraising to erect a proposed P&C tuckshop, parent/carer meeting area. The other project is to purchase a new sign for the front of the school. These are both costly projects so we are open to any suggestions you may have.

Monster Raffle – We had our very first monster raffle last year; there were some great prizes....!! We are having a Monster Raffle again this year. We are currently organising donations and are starting a bit of a collection in the school office. There are gift vouchers, house decoration items, non perishable goods and various other items. If you have a business or know of someone that may be willing to donate vouchers or goods to our Monster Raffle, please let us know. Donations from families for non-perishable items with a use by date of at least 2014 are being gratefully accepted at the school office. **Raffle Tickets were sent home with the newsletter two weeks ago. (Wed 16th Oct). Sold raffle tickets can be returned to the school office up until Wednesday 11th December, but, the sooner, the better.**

Awards Night – 5.30pm Wednesday 11th December. The P&C will be selling tea/coffee, cold drinks, cakes and slices. We are asking for donations of cakes and slices. Anything donated is greatly appreciated and all the funds raised go towards our tuckshop/meeting area and, sign for the front of the school.

Next Meeting – Our next P&C meeting will be on **Wednesday 6th November at 4.15pm** in the staffroom. Please mark it in your diary, many topics will be discussed including end of year events, uniforms, fundraising ideas, educational programs plus more.....

Ideas or Suggestions? Do you have a fundraising idea or just a general suggestion but don't have the time to attend P&C meetings??? You can always send us an email kitchener-p.school@det.nsw.edu.au via the school.

Lunch Run Term 4

Wed 6th Nov	Danielle Ellis
Wed 13th Nov	Sonya O'Neil
Wed 20th Nov	Jodie Barnes
Wed 27th Nov	Sam Walkley